

Quest Food Management

000731 - sauce, house spaghetti meatles : 2012	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: gal	Meat/Alt: Grains: Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
903561 sauce marinara san benito greco...	50 pouch	In a large stock pot- using pan spray- spray the pot prior to adding the ingredients. Add 1 (#10) can of Spaghetti Sauce then using the can add 1/2 can of tap water. Add salt, pepper, garlic and oregano to the pot. Simmer for 2 hours, stirring often.. you might need to add additional seasonings- be sure to taste as it simmers.
900031 WATER.....	162 lbs + 8 ozs	
900443 BASIL LEAF.....	6 lbs + 4 ozs	
002047 SALT, TABLE.....	3 1/8 cups	
114657 PEPPER BLACK, GROUND.....	3 1/8 cups	
799903 GARLIC, GRANULATED.....	1 qt + 2 1/4 cups	

*Nutrients are based upon 1 Portion Size (gal)

Calories	1934 kcal	Cholesterol	0 mg	Protein	49.79 g	Calcium	47.30 mg	21.92%	Calories from Total Fat
Total Fat	47.10 g	Sodium	22382 mg	Vitamin A	5869.2 RE	Iron	26.03 mg	0.01%	Calories from Saturated Fat
Saturated Fat	0.02 g	Carbohydrates	317.41 g	Vitamin A	29346.2 IU	Water ¹	*1473.82* g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	48.63 g	Vitamin C	496.0 mg	Ash ¹	*20.24* g	65.65%	Calories from Carbohydrates
								10.30%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values